

User manual 4D massage chair HM-8200

Remote control



On/Off: Press the on/off button to start the massage chair; the massage chair will now place itself in standby mode. Select an automatic or manual massage program from the menu; the massage device will first detect the shoulder height and then start the massage. To turn the chair off, press the on/off button again, the massage chair will now turn off and return to its original position. The control panel will shut down in 3-5 seconds.



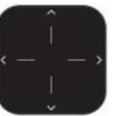
Menu: It is possible to set and view all the massages using the menu button. Some settings can also be adjusted here. This includes the air cushions, foot roller, time of the desired massage and language; there is also a stop function to stop the chosen massage. The user can choose between all the different massage functions here. Press this button again to return to the home page.



Timer: The standard massage time is set to 20 minutes. The duration of the massage can be adjusted in 10-minute increments by pressing this button. The time at the top right will change each time this button is pressed. When the time is up, the massage chair will turn itself off and return to its original position.



Hot rocks: Press this button to start the “Quick relax program”. This is a massage program lasting eight minutes. Press again to stop the massage.



Navigation: The direction button has four options: up, down, left and right. The menu button allows the user to press up or down to choose a massage. The user presses left or right to access the previous or next menu. The up and down button can also be used to adjust the massage position in acupuncture point tracking. When being used as music controls, the left and right buttons skip to the previous and next track. The up and down buttons adjust the volume. The volume increases by one bar every two times the button is pressed.



OK: Press the OK button to confirm the menu selection and move to the next menu.



Reducing the angle of the backrest: Pressing this button will decrease the angle of the backrest. When the button is released, both the backrest and the leg support will stop moving. The text, “Chair posture adjusting...” will appear on the controller

display while the massage chair position is adjusting. The massage must be in progress before this function can be used.



Increasing the angle of the backrest: Pressing this button will increase the angle of the backrest. When the button is released, both the backrest and the leg support will stop moving. The text, “Chair posture adjusting...” will appear on the controller display while the massage chair position is adjusting. The massage must be in progress before this function can be used.



Lifting the leg support: Pressing this button will lift the leg support. The leg support will stop moving when the button is no longer being pressed. The text, “Chair posture adjusting...” will appear on the controller display while the massage chair position is adjusting. The massage must be in progress before this function can be used.



Lowering the leg support: Pressing this button will lower the leg support. The leg support will stop moving when the button is no longer being pressed. The text, “Chair posture adjusting...” will appear on the controller display while the massage chair position is adjusting. The massage must be in progress before this function can be used.

4D- and 4D+: This button can be used during a manual massage to increase or decrease the intensity of the massage. The start screen displays stripes behind the icon to denote the number of times it has been pressed.

4D-

4D+



Air intensity: Press this button to increase or decrease the intensity of the air cushions after selecting an automatic massage. The start screen displays stripes behind “Intensity” to denote the number of times it has been pressed.



Roller: This button adjusts the force with which the foot unit massages. Pressing this button once will provide a softer massage, pressing it again will stop the massage.



Automatic mode: Pressing this button will cause the massage chair to start one of the six automatic massage functions, which can be seen at the top left. If this button is pushed again, another automatic massage function will start. Keep pressing the button until the desired automatic massage function appears at the top left of the start screen. There are six automatic programs to choose between: “Soft”, “Power”, “Stretch”, “Vitality”, “Normal” and “Sports”. There is also the “Special” that has six

extra massage functions, namely “Therapy”, “Recovery”, “Relaxation”, “Healing”, “Sleeping” and “Slimming”.

Manual

Manual mode: After switching the massage chair on, press this button to select a manual program. Pressing the button will cause the selected manual program to appear at the top of the start screen. Press again to go to the next program. The choices offered are “Kneading”, “Knocking”, “Tapping”, “Kneading & knocking” and “Shiatsu”.

Air massage

Air massage: In addition to the manual and automatic programs, there is a choice of four different air pressure massages. The choices offered are “Full Body”, “Shoulder & arm”, “Lower back & seat” and “Leg & foot”.

Zero-G

Weightless position: The 4D massage chair has three weightlessness positions. Press this button to place the massage chair in the level 1 weightlessness position. Press this button again to move to the level 2 weightlessness position. Press a third time to enter sleeping mode, and press a fourth time to return to the default position.

Extra information:

After the power has been applied, press the power button, a buzzer will beep once shortly. The LCD screen will now appear, after 2-3 seconds it will show the home screen and enter standby mode.

Pressing the menu button will enable management of all possible massage functions and the settings. To return to the home screen, press menu again.

Generation of negative ions: When the massage chair is switched on, press the “OK” button to turn on the air filter function. A green leaf will appear on the home screen of the remote control.

Automatic massage: The 4D massage chair has a shortcut to all the different automatic massages. This can be found at the bottom left. Press one of the buttons to start an automatic program. Press again to go to the next automatic program. The desired program will appear at the top left of the screen.

An automatic program can be selected using the menu button. The cursor will be on the “Automatic massage” function as standard. Press the OK button to go to the automatic mode. There are six programs to choose from: “Soft”, “Power”, “Stretch”, “Vitality”, “Normal” and “Sports”. There is also the “Special”, which consists of six additional automatic massage programs.

After the power has been applied, the massage chair will detect the acupuncture point position the first time the automatic program is used. “Acupuncture point tracking...” will be displayed on the screen at this time. After acupuncture point tracking is complete, the buzzer will sound five times (once per second); meanwhile, the massage chair will be detecting the shoulder position. If the user thinks the position is incorrect, the up/down navigation button can be used to adjust it. “Acupuncture point adjusting...” will be displayed on the screen at this time. Note: this can only be adjusted for automatic massages.

Manual massage: The 4D massage chair has a shortcut to all the different manual massages. This can be found at the bottom left. Press to start a manual program. Press again to go to the next manual program. The desired program will appear at the top left of the screen.

A manual program can also be selected using the menu button. Select “Manual” using the navigation button, press the OK button. There are five options: “Mode”, “Position”, “Width”, “Speed”, “4D” and “Footrest”. Select the desired function, then press the OK button to open the next menu. Select the desired massage or go back to the overview using the left arrow of the navigation button. If the user starts a manual massage, pressing the menu button will return the user to the home screen. The user can now use the up/down button to adjust the massage position. Information such as “Massage position adjusting...” will be displayed on the display screen.

Note:

1. Overall: When choosing a full massage, the shoulder height detection process will only be performed once.
2. Partial or point: The “Partial” and “Fixed point” massages do not require shoulder height detection, choosing a different massage will cause a shoulder height detection to be performed.

Air pressure: press the menu button, select “Airbag” via the navigation, then press the OK button. You can choose between two types of air pressure functions: “Position” and “Intensity”. Select the desired function, press the OK button to see the next menu, and select the desired function again.

Roller: press the menu button on the remote control, choose “Roller”. There are three options to choose from: “Level 2”, “Level 1” and “Stop”.

Warmth: press the menu button, select “Heating” using the navigation, and then press “Back ON” to switch on the back heating. The foot heating can also be switched on in the same way. When the heat is activated, a thermometer will be displayed at the top right of the home screen. The intensity of the heat can be chosen here.

Speech recognition function: The speech recognition sensor is attached on the left at ear level. Choose from the “User’s voice commands” below to have the massage chair perform the selected functions.

Voice Recognition Application	Operation Method	User's Voice Commands	Massage Chair Voice Reply
Voice Recognition Function	To activate voice recognition	Turn on speech recognition mode	Speech recognition has been opened
	To deactivate voice recognition	Voice Off	Voice recognition mode is off
	To shut down massage function	Massage chair shutdown	Massage chair is powering off
	To start Chinese massage	Chinese Massage	Chinese Massage has been opened for you
	To activate pain relief	Pain Relief	Pain relief has been opened for you
	To activate stretching mode	Body Stretch	Body Stretch has been opened for you
	To activate experience mode	Experience	Experience has been opened for you
Voice Recognition Function	To activate relaxation mode	Relaxation	Relaxation has been opened for you
Voice Recognition Function	To activate zero gravity mode	Zero Gravity Start	Zero Gravity Start

Settings: press the menu button, select “Settings” and then choose the time (timer) or language (language)

Timer: choose the desired duration of the massage: 10 min, 20 min, 30 min or 50 min, when the time is up, the power will turn off automatically

Language: English, Dutch and French are available

Stop button: When this button is pressed, the massage will stop immediately.